

Instruction

Interscholastic Competition

Health and Safety: District employees shall take every possible precaution to assure that athletic equipment is kept in safe and serviceable condition.

Football helmets shall be checked for NOCSAE seals in accordance with the National High School Federation Rule Book. Coaches shall train players to report any cracks in helmets which may result from play and to minimize injuries by considering the helmet as a protective mechanism and not as an offensive or defensive weapon.

Whenever a player incurs an injury or wound that produces bleeding or other body fluids, the practice or game shall be stopped in accordance with California Interscholastic Federation (CIF) guidelines and the player shall be escorted away from the playing field for appropriate treatment. The player shall not return to the practice or game until the bleeding has stopped and the wound is properly covered.

Equivalent Opportunities: The District may provide single sex teams where selection for teams is based on competitive skills. (Code of Regulations, Title 5, Section 4921)

When a school provides only one team in a particular sport, and if athletic opportunities in the total program were previously limited for students of one sex, members of both sexes shall be allowed to try out for the team. (Title 5, Section 4921)

When determining whether equivalent opportunities are available to both sexes in athletic programs, the District shall consider, among other factors:

1. Whether the selection of sports and other extracurricular and cocurricular competition effectively accommodates the interests and abilities of both sexes.
2. The provision of equipment and supplies.
3. Scheduling of games and practice times.
4. Travel and per diem allowances.
5. Opportunities to receive coaching and academic tutoring.
6. Assignment and compensation of coaches and tutors.
7. Provision of locker rooms, practice, and competitive facilities.
8. Provision of medical and training facilities and services.
9. Provision of housing and dining facilities and services.
10. Publicity. (Title 5, Section 4922)

Parental Notifications: Before a student participates in interscholastic athletic activities, his/her parents/guardians shall receive a notice which:

1. Explains that there is an element of risk associated with all athletic competition and that the District cannot ensure that any student will not be injured, despite the staff's commitment to provide every participant with due care.
2. Requests parental permission for the student to participate in the program and be transported by the school to and from competitions.
3. Explains that it is imperative that the student adhere strictly to all safety rules, regulations, and instructions.