

### **NonDiscrimination Statement for Nutrition Programs**

The Board of Trustees of the Mendocino Unified District supports a commitment to lifelong practices of learning, academic achievement, healthful nutrition and physical exercise.

We are committed to the wellness education of the students through the integration of our food service program, physical education and instructional programs.

MUSD students benefit from participation in organic food production, sustainable environmental practices such as vermiculture and recycling, healthful nutritional practices and physical fitness activities.

Curriculum and an integrated food service program shall support on site and local food production, K-12 physical fitness, healthful nutrition and environmental education. The Board supports a curriculum that explores the food and physical movement of different cultures in order to create a knowledge of cultural and global diversity.

The guidelines for the food service program and culinary arts curriculum shall reinforce the district's wellness policy. All meals and snacks served at district sites shall emphasize fresh and organic offerings and meet or exceed federal and state nutritional guidelines.

Physical fitness activities shall be supported by access to safe and well maintained facilities and fields.

The following statement shall be included, in a prominent location, on all forms available to the public regarding the availability of the district's child nutrition programs:

"In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English.

To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: <http://www.ascr.usda.gov/filing-program-discrimination-complaint-usda-customer>, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture

Office of the Assistant Secretary for Civil Rights

1400 Independence Avenue, SW

Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov)

This institution is an equal opportunity provider."

On pamphlets, brochures, and flyers, in the same print size as the rest of the text, the district may print a short version of the nondiscrimination statement, as follows:

"This institution is an equal opportunity provider."

7/20