

**Instruction**

**Courses of Study**

Elementary Schools: Courses of study for grades one through six shall include:

1. English: the skills of speaking reading, listening, spelling, handwriting, composition; knowledge and appreciation of language and literature.
2. Mathematics: concepts, operational skills, problem solving.
3. Social sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology and sociology, with emphasis on:
  - a. The history, resources, development and government of California and the United States, including:
    - (1) Early California history.
    - (2) The role and contributions of both men and women, African-Americans, Native Americans, Hispanics, Asians, Pacific Island people, and other ethnic groups to the economic, political, and social development of California and the nation, with particular emphasis on the role of these groups in contemporary society.(Ed Code 51204.5)
  - b. The development of the American economic system, including the role of the entrepreneur and labor.
  - c. The individual's relation to human and natural environments.
  - d. Eastern and western cultures.
  - e. Contemporary issues.
  - f. The protection, conservation, and wise use of natural resources, including the necessity for protecting our environment.
4. Science, including biological and physical aspects, with emphasis on experimental inquiry and humanity's place in the ecology.(Ed Code 51210)
5. Visual and performing arts: instruction in dance, music, theatre and visual arts aimed at developing aesthetic appreciation and creative expression (Education Code 51210)
6. Health: Individual, family, and community health principles and practices, including (Ed Code 51210):

The adopted course of study shall provide instruction at the appropriate grade levels and subject areas in: (Education Code [51202](#))

- a. Personal and public safety and accident prevention, with instruction in emergency first aid, hemorrhage control, treatment for poisoning, resuscitation techniques, cardiopulmonary resuscitation, when appropriate equipment is available.
- b. Fire prevention.
- c. Venereal disease.
- d. The effects of alcohol, narcotics, drugs, and tobacco upon the human body.
- e. The protection and conservation of resources, including the necessity for the protection of our environment
7. Physical education, with emphasis on activities conducive to health and vigor of body and mind.
8. Career awareness exploration

Secondary Schools: Courses of study for grades 7 through 12 shall include:

1. English: the skills of speaking, reading, listening, knowledge, and appreciation of literature, language, and composition.
2. Social Sciences: age-appropriate materials drawn from anthropology, economics, geography, history, political science, psychology and sociology, with instruction in (Ed Code 51220):
  - a. The history, resources, development, and government of California and the United States, including:
    - (1) American government and civics, including the study of all of the following: (Education Code [51230](#))
      - (a) The Declaration of Independence
      - (b) The United States Constitution, including the Bill of Rights
      - (c) Substantive selections from the Federalist Papers
      - (d) The Emancipation Proclamation
      - (e) The Gettysburg Address
      - (f) George Washington's Farewell Address
    - (2) Early California history and the role and contributions of both men and women, African Americans, Native Americans, Hispanics,

- Asians, Pacific Island people, and other ethnic groups to the economic, political, and social development of California and the nation, with particular emphasis on the role of these groups in contemporary society.
- b. Our American legal system, the operation of the juvenile and adult criminal justice systems, and the rights and duties of citizens under the criminal and civil law and the state and federal constitutions. This course may include participation in a teen court or peer court program. (Education Code [51220.2](#))
  - c. The development of the American economic system, including the role of the entrepreneur and labor.
  - d. The individual's relations to human and natural environments, including the protection and conservation of resources and the necessity for protecting our environment.
  - e. Eastern and western cultures and civilizations.
  - f. Human rights issues, with particular attention to the study of the inhumanity of genocide, slavery, and the Holocaust.
  - g. Contemporary issues.
3. Foreign language(s): understanding, speaking, reading, and writing beginning not later than grade 7 (Education Code [51220](#))
  4. Physical education, with emphasis on activities conducive to health and vigor of body and mind (*Ed Code 51200*).
  5. Science, including physical and biological aspects; with emphasis on basic concepts, theories, and process of scientific investigation and on humanity's place in ecological systems, and with appropriate applications of the interrelation and interdependence of the sciences (*Ed Code 51220*).
  6. Mathematics, including instruction designed to develop mathematical understandings, operational skills, and insight into problem-solving procedures; algebra (*Ed code 51220, 51224.5*)
  7. Visual and performing arts: dance, music, theatre and visual arts, with emphasis upon development of aesthetic appreciation and creative expression (*Education Code [51220](#)*)
  8. Applied arts, including instruction in consumer and homemaking education, industrial arts, general business education, or general agriculture.
  9. Vocational-technical education designed to prepare youth for gainful employment in occupations that meet state and community needs and are relevant to students' career desires and needs.
10. Automobile driver education, including instruction in:
    - a. Vehicle Code provisions and other relevant state laws.
    - b. Proper acceptance of personal responsibility in traffic.
    - c. Appreciation of the causes, seriousness, and consequences of traffic accidents.
    - d. Knowledge and attitudes necessary for the safe operation of motor vehicles.
    - e. The safe operation of motorcycles.
    - f. Vehicular air quality control and inspection.
    - g. maintenance and functioning of automobile emission control devices and relevant applicable federal and state warranties.
    - h. The proper handling of gasoline vapor recovery equipment.
    - i. Vehicle fuel efficiency techniques.
    - j. The dangers involved in consuming alcohol or drugs in connection with the operation of a motor vehicle (*Education Code [51220.1](#)*)
    - k. The rights and duties of a motorist pertaining to pedestrians and the rights and duties of pedestrians pertaining to traffic laws and traffic safety (*Education Code [51220.4](#)*)
  11. Personal and public safety and accident prevention *and health*, including instruction in(*Ed Code 51202, 51203*):
    - a. *Emergency first aid*, Hemorrhage control; treatment for poisoning; resuscitation techniques; and cardiopulmonary resuscitation when appropriate equipment is available.
    - b. Fire prevention.
    - c. Venereal disease.
    - d. AIDS and AIDS prevention.(*Ed Code 51201.5*)
    - e. The effects of alcohol, narcotics, drugs, and tobacco upon the human body and upon prenatal development.
  12. In addition, the course of study for grade 7 and/or 8 may include parenting skills and education that address at least all of the following: (*Education Code [51220.5](#)*)
    - a. Child development and growth.
    - b. Effective parenting.
    - c. Prevention of child abuse.
    - d. Nutrition.
    - e. Household finances and budgeting.
    - f. Personal and family interaction and relations.
    - g. Methods to promote self-esteem.

h. Effective decision making skills.

i. Family and individual health.

Upon request, a student may be exempted from the parenting skills and education class if he/she

satisfactorily demonstrates mastery of the course content.

13. The protection and conservation of resources, including the necessity for the protection of our environment