SOCIAL MEDIA



FEBRUARY 12th 2018

TIPS

CHECK PRIVACY SETTINGS

CHECK AGE RESTRICTIONS AND RECOMMENDATIONS

DISCUSS AND AGREE ON GROUND RULES

BE PRESENT IN THEIR DIGITAL WORLD

STAY INFORMED

LIMIT DEVICE ACCESS

BE A GOOD EXAMPLE OF HOW TO USE SOCIAL MEDIA



of teens have experienced a face-to-face argument or confrontation as a result of posts on Facebook



8% were involved in a physical fight with someone because of something posted on a social networking site



Nearly 7 in 10 social media-using teens say peers are mostly kind to each other on social network sites

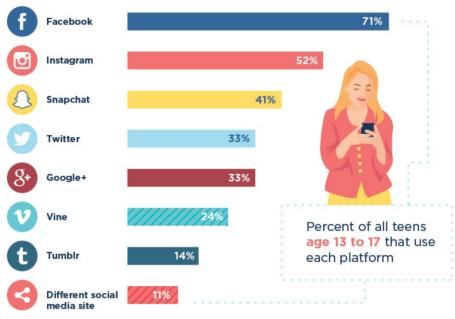
Additional Resources available at **mendocinousd.org goo.gl/iKcsce** Technology Curriculum **goo.gl/LLqJQt**

WHAT LIMITS ARE BEST FOR KIDS AT EVERY AGE?

Every child is different, and recommendations for screen time vary. Here are some general guidelines for reasonable media use based on age:



TEENAGE SOCIAL MEDIA USE BY PLATFORM



Pew Research Center's Teens Relationships Survey, Sept. 25-Oct 9,2014 and Feb. 10-March 16, 2015





22% of teens have lost a friendship with someone due to actions on social media

67% of teenagers say they know how to hide what they do online from their parents

Restricted

43% say they would change

their online behavior if they knew

their parents were watching them