

Mendocino Unified School District Health Protocols:

Onset of symptoms, a positive COVID-19 test, or close contact with an individual testing positive for COVID-19 in a school, classroom, or family setting

SCENARIO	VACCINATED	UNVACCINATED	COMMUNICATION
1 A <i>student or staff</i> member either exhibits COVID-19 symptoms , answers yes to a health screening question, or has a temp of 100.4 or above.	Staff members and students with symptoms of COVID-19 infection may not return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms: <ul style="list-style-type: none">i. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; andii. Other symptoms have improved; andiii. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.	Staff members and students with symptoms of COVID-19 infection may not return for in-person instruction until they have met CDPH criteria to return to school for those with symptoms: <ul style="list-style-type: none">i. At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; andii. Other symptoms have improved; andiii. They have a negative test for SARS-CoV-2, OR a healthcare provider has provided documentation that the symptoms are typical of their underlying chronic condition (e.g., allergies or asthma) OR a healthcare provider has confirmed an alternative named diagnosis (e.g., Streptococcal pharyngitis, Coxsackie virus), OR at least 10 days have passed since symptom onset.	No action needed.
2 A <i>student or staff</i> member tests positive for COVID-19.	For persons with COVID-19 who have symptoms and were instructed to care for themselves at home may discontinue self-isolation under the following conditions: <ul style="list-style-type: none">• At least 10 days have passed since symptom onset; AND• At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND• Other symptoms have improved; For persons with COVID-19 who are asymptomatic, meaning that they have NOT had any symptoms, CDPH recommends that these individuals be instructed to care for themselves at home. They may discontinue isolation under the following conditions: <ul style="list-style-type: none">• At least 10 days have passed since the date of the first positive COVID-19 diagnostic (federally approved Emergency Use Authorized molecular assay) test. If they develop symptoms, then the strategies for discontinuing isolation for symptomatic persons (see above) should be used.	For persons with COVID-19 who have symptoms and were instructed to care for themselves at home may discontinue self-isolation under the following conditions: <ul style="list-style-type: none">• At least 10 days have passed since symptom onset; AND• At least 24 hours have passed since resolution of fever without the use of fever-reducing medications; AND• Other symptoms have improved For persons with COVID-19 who are asymptomatic, meaning that they have NOT had any symptoms, CDPH recommends that these individuals be instructed to care for themselves at home. They may discontinue isolation under the following conditions: <ul style="list-style-type: none">• At least 10 days have passed since the date of the first positive COVID-19 diagnostic (federally approved Emergency Use Authorized molecular assay) test. If they develop symptoms, then the strategies for discontinuing isolation for symptomatic persons (see above) should be used.	A student or staff member tests positive for COVID-19 parent letter.
3 A MASKED asymptomatic <i>student or staff member</i> is in close contact with a MASKED person who tests positive for COVID-19.	If asymptomatic, those who are fully vaccinated can refrain from quarantine and testing following a known exposure.	Quarantine recommendations for unvaccinated students for exposures when both parties were wearing a mask, as required in K-12 indoor settings. These are adapted from the CDC K-12 guidance and CDC definition of a close contact. When both parties were wearing a mask in any school setting in which students are supervised by school staff (including indoor or outdoor school settings and school buses, including on buses operated by public and private school systems), unvaccinated students who are close contacts (more than 15 minutes over a 24-hour period within 0-6 feet indoors) may undergo a modified quarantine as follows. They may continue to attend school for in-person instruction if they: <ul style="list-style-type: none">i. Are asymptomatic;ii. Continue to appropriately mask, as required;iii. Undergo at least twice weekly testing during the 10-day quarantine; andiv. Continue to quarantine for all extracurricular activities at school, including sports, and activities within the community setting.	A MASKED asymptomatic student is in close contact with a MASKED person who tests positive for COVID-19 parent letter. Staff notice of potential COVID-19 exposure.
4 A MASKED or UNMASKED asymptomatic <i>student or staff member</i> is in close contact with an UNMASKED person who tests positive for COVID-19.	If asymptomatic, those who are fully vaccinated can refrain from quarantine and testing following a known exposure.	Quarantine recommendations for unvaccinated close contacts who were not wearing masks or for whom the infected individual was not wearing a mask during the indoor exposure; or unvaccinated students as described in above scenario. a. For these contacts, those who remain asymptomatic, meaning they have NOT had any symptoms, may discontinue self-quarantine under the following conditions: <ul style="list-style-type: none">i. Quarantine can end after Day 10 from the date of last exposure without testing; ORii. Quarantine can end after Day 7 if a diagnostic specimen is collected after Day 5 from the date of last exposure and tests negative. b. To discontinue quarantine before 10–14 days following last known exposure, asymptomatic close contacts must: <ul style="list-style-type: none">i. Continue daily self-monitoring for symptoms through Day 14 from last known exposure; ANDii. Follow all recommended non-pharmaceutical interventions (e.g., wearing a mask when around others, hand washing, avoiding crowds) through Day 14 from last known exposure.c. If any symptoms develop during this 14-day period, the exposed person must immediately isolate, get tested and contact their healthcare provider with any questions regarding their care.	A MASKED or UNMASKED asymptomatic student is in close contact with an UNMASKED person who tests positive for COVID-19 parent letter. Staff notice of potential COVID-19 exposure.

