

You are being given this information because your sample(s) was tested for COVID-19 using the BinaxNOW COVID-19 Ag Card. The BinaxNOW COVID-19 Ag Card is a type of test called an antigen test. Antigen tests are designed to detect proteins from the virus that causes COVID-19. After reading this information, if you have questions or would like to discuss the information provided, please reach out to your healthcare provider or call Public Health at 707-234-6052.

What does it mean if I have a positive test result?

If you have a positive test result, it is very likely that you have COVID-19. Therefore, you will be required to self-isolate at home for at least 10 days. Public Health will be notified of your test result and you will be required to follow-up with a molecular PCR test through your healthcare provider or through Public Health (707-234-6052). Please see the attached protocols required to return to school.

What does it mean if I have a negative test result?

A negative test result means that proteins from the virus that causes COVID-19 were not found in your sample. It is possible for this test to give a negative result that is incorrect (false negative) in some people with COVID-19. This means you could possibly still have COVID-19 even though the test is negative. Antigen tests are very specific for the virus but are not as sensitive as molecular tests (also known as PCR tests). This means that a positive result is highly accurate but a negative result does not rule out infection. If your test is negative and you exhibit symptoms of COVID-19 or are concerned about a possible exposure, you should consult with your healthcare provider and follow-up with a molecular PCR test.

The following symptoms may appear 2-14 days after an exposure:

- Fever (100.4 degrees or higher)
- Cough (dry)
- Shortness of breath
- Sudden loss of taste or smell
- Extreme fatigue

Where can I get a molecular PCR test?

Testing is offered at several locations. See below:

- Monday's Mendocino Café, 10451 Lansing St., Mendocino 9:00am 10:00am (walk-in offered through Mendocino Coast Clinics)
- **Tuesday's** Veterans Hall, 360 N. Harrison St., Fort Bragg 9:00am 5:00pm (lunch from 11-12) Pre- Register online at <u>www.LHI.care</u>.
- Wednesday's Mendocino Coast Clinics, 205 South St., Fort Bragg Morning appointments available. Call 964-1251 to make an appointment.
- **Thursday's** Mendocino Coast Clinics, 205 South St., Fort Bragg Afternoon appointments available. Call 964-1251 to make an appointment.

Where can I get a COVID-19 vaccine (ages 12+)?

- Mendocino Coast Clinics, 205 South St., Fort Bragg Call 964-1251 (they offer a Tuesday drive-thru clinic weekly)
- CVS Pharmacy, 150 S. Main St., Fort Bragg schedule an appointment online at <u>www.cvs.com</u>
- Safeway Pharmacy, 660 S. Main St., Fort Bragg,- schedule an appointment online at <u>www.safeway.com/vaccinations/</u>

Resources: